

## **BIIAB Level 3 Diploma in Adult Care**

**Level:** 3

**Ofqual Qualification Number:** 603/2523/9

**Size of Qualification:** 58 credits

### **What is the main purpose of this qualification?**

To confirm you are occupationally competent in your role within the adult social care sector, for example as a Lead Adult Care Worker.

### **Who is it for?**

This qualification is for learners working in the delivery of adult social care. Learners do not need any prior qualifications, knowledge or experience.

### **What job role will it help me enter?**

It will provide you with the competence and skills to work within the Adult Social Care sector in a variety of job roles that specifically deal with adult social care.

Examples of relevant job roles include:

- Lead Adult Care Worker
- Care Supervisor
- Care Officer
- Senior Care Worker or Supervising Care Worker
- Senior Support Worker
- Relief Team Leader
- Social Work Assistant
- Social Services Officer
- Outreach Development Worker
- Community Support Worker
- Community Outreach Worker
- Community Development Worker
- Family Support Worker
- Personal Assistant

### **Is this the right qualification for me?**

You should undertake this qualification if you want to achieve the skills and competence required to work in adult social care.

If you are already working in adult social care but do not have the underpinning knowledge, you might consider undertaking the BIIAB Level 3 Certificate in Preparing to Work in Adult Social Care 601/6499/2 which focusses on the knowledge required by workers in the sector.

The BIIAB Level 3 Diploma in Adult Care is available for learners in England only; if you are based in Wales or Northern Ireland, you should undertake the BIIAB Level 3 Diploma in Health and Social Care (Adults) for Wales and Northern Ireland (601/6878/X).

### **Is this qualification in an apprenticeship?**

Yes. This qualification is part of the Apprenticeship Standard for Lead Adult Care Workers, alongside the Care Certificate and Functional Skills. You may wish to do this qualification as part of the Apprenticeship, or on its own. You may wish to do the qualification on its own (i.e. outside of an Apprenticeship) if:

- you do need to undertake Functional Skills
- you do **not** qualify to undertake a publicly funded Apprenticeship
- your employer wants you to just do the qualification and **not** undertake a full Apprenticeship
- you work as a volunteer

### **How long will this qualification take me?**

The qualification requires 370 Guided Learning Hours (the number of hours where you will be given guidance, usually by a tutor, in order to achieve the outcomes) and approximately 580 hours in total (1 credit is roughly equivalent to 10 hours of learning time). Some people learn more quickly or are more experienced than others so it may take you more or less time than 580 hours to achieve this qualification.

### **What does this qualification cover?**

The qualification comprises the following mandatory units:

- Promote communication in care settings
- Promote effective handling of information in care settings
- Promote personal development in care settings
- Promote person-centred approaches in care settings
- Promote equality and inclusion in care settings
- Promote health, safety and well-being in care settings
- Responsibilities of a care worker
- Duty of care in care settings

- Safeguarding and protection in care settings

**Optional units:** Learners must choose optional units from a range of 99 units (please see the appendix for the full list). Your choice will depend on the role in which you work.

### **What could this qualification lead to?**

This qualification shows you have gained the skills and competence to work in a Level 3 role in adult social care. It may help you to improve your performance at work or get promoted, for example to the role of Adults' Residential Manager.

Alternatively you may be ready to progress to a higher level, for example by undertaking the following qualifications:

- BIIAB Level 4 Diploma in Adult Care 601/7304/X
- BIIAB Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England) 601/6855/9

### **Who supports this qualification?**

This qualification is supported by the following organisations:

- Sarah Care Ltd
- Arrow Care Training
- Quest Training

These letters of support are available upon request from [qualifications@bii.org](mailto:qualifications@bii.org)

## Appendix

### Optional units

1. Understand how to support individuals during the last days of life
2. Understand the administration of medication to individuals with dementia using a person centred approach
3. Understand the role of communication and interactions with individuals who have dementia
4. Understand the diversity of individuals with dementia and the importance of inclusion
5. Purpose and principles of Independent Advocacy
6. Introduction to personalisation in social care
7. Principles of supporting an individual to maintain personal hygiene
8. Principles of supporting individuals with a learning disability regarding sexuality and sexual health
9. Principles of self-directed support
10. Understand the factors affecting older people
11. Stroke Awareness
12. Understand and meet the nutritional requirements of individuals with dementia
13. Enable rights and choices of individuals with dementia whilst minimising risks
14. Understand and enable interaction and communication with individuals who have dementia
15. Equality, diversity and inclusion in dementia care practice
16. Gain access to the homes of individuals, deal with emergencies and ensure security on departure
17. Support individuals in their relationships
18. Facilitate person centred assessment, planning, implementation and review
19. Support use of medication in social care settings
20. Prepare environments and resources for use during healthcare activities
21. Support individuals to maintain personal hygiene
22. Support individuals to deal with personal relationship problems
23. Understand positive risk taking for individuals with disabilities
24. Understand how to support individuals with autistic spectrum conditions
25. Understand Physical Disability
26. Understand the impact of Acquired Brain Injury on individuals
27. Understand Sensory Loss
28. Understand the Effects of Ageing in Activity Provision
29. Diabetes Awareness
30. Understanding and Enabling Assisting and Moving Individuals
31. Understand how to provide support when working in end of life care
32. Understand Stroke Care Management
33. End of life and dementia care
34. Providing Independent Advocacy support
35. Maintaining the Independent Advocacy relationship
36. Responding to the advocacy needs of different groups of people
37. Support individuals who are substance users

38. Identify and act upon immediate risk of danger to substance misusers
39. Increase awareness about drugs, alcohol or other substances with individuals and groups
40. Carry out initial assessments to identify and prioritise the needs of substance misusers
41. Carry out comprehensive substance misuse assessment
42. Develop and sustain effective working relationships with staff in other agencies
43. Prepare to support individuals within a shared lives arrangement
44. Provide support for individuals within a shared lives arrangement
45. Support families in maintaining relationships in their wider social structures
46. Help individuals address their substance use through an action plan
47. Implement the positive behavioural support model
48. Support person-centred thinking and planning
49. Promote active support
50. Support individuals with a learning disability to access healthcare
51. Work with other professionals and agencies to support individuals with physical disability
52. Promote effective communication with individuals with sensory loss
53. Support the assessment of individuals with sensory loss
54. Support the promotion of awareness of sensory loss
55. Enable individuals to negotiate environments
56. Support individuals with multiple conditions and/or disabilities
57. Support the development of community partnerships
58. Contribute to raising awareness of health issues
59. Promote nutrition and hydration in health and social care settings
60. Contribute to effective team working in health and social care or children and young people's settings
61. Supporting infection prevention and control in social care
62. Support individuals to stay safe from harm or abuse
63. Support individuals with autistic spectrum conditions
64. Understanding professional supervision practice
65. Understand Advance Care Planning
66. Prepare for and carry out extended feeding techniques
67. Support individuals to manage their finances
68. Obtain venous blood samples
69. Implement therapeutic group activities
70. Promote positive behaviour
71. Support individuals to access and use services and facilities
72. Understand mental well-being and mental health promotion
73. Causes and Spread of Infection
74. Support individuals to access education, training or employment
75. Support individuals to access and manage direct payments
76. Support individuals to develop and run support groups
77. Understand the process and experience of dementia
78. Move and position individuals in accordance with their plan of care
79. Undertake urethral catheterisation processes
80. Understand mental health problems
81. Provide support to manage pain and discomfort

82. The principles of Infection Prevention and Control
83. Awareness of the Mental Capacity Act 2005
84. Provide support to maintain and develop skills for everyday life
85. Facilitate learning and development activities to meet individual needs and preferences
86. Enable individuals to develop strategies to manage their behaviour
87. Support positive risk taking for individuals
88. Recognise indications of substance misuse and refer individuals to specialists
89. Support individuals during a period of change
90. Cleaning, Decontamination and Waste Management
91. Undertake physiological measurements
92. Support individuals to prepare for and settle in to new home environments
93. Support individuals with specific communication needs
94. Undertake agreed pressure area care
95. Support individuals at the end of life
96. Administer medication to individuals, and monitor the effects
97. Support individuals to live at home
98. Undertake tissue viability risk assessments
99. Understand the context of supporting individuals with learning disabilities