

BIIAB Level 3 Diploma in Health and Social Care (Adults) for England (QCF)

Level: 3

Ofqual Qualification Number: 601/6879/1

Size of Qualification: 58 credits

What is the main purpose of this qualification?

To confirm you are occupationally competent in your role within the health and social care sector, for example as a care supervisor.

Who is it for?

This qualification is for learners working in the delivery of adult social care. Learners do not need any prior qualifications, knowledge or experience.

What job role will it help me enter?

It will provide you with the competence and skills to work within the Health and Social Care sector in a variety of job roles that specifically deal with adult social care.

Examples of relevant job roles include:

- Care Supervisor
- Care Officer
- Senior Care Worker or Supervising Care Worker
- Senior Support Worker
- Relief Team Leader
- Social Work Assistant
- Social Services Officer
- Outreach Development Worker
- Community Support Worker
- Community Outreach Worker
- Community Development Worker
- Family Support Worker
- Personal Assistant

Is this the right qualification for me?

You should undertake this qualification if you want to achieve the skills and competence required to work in adult social care.

If you are already working in adult social care but do not have the underpinning knowledge, you might consider undertaking the BIIAB Level 3 Certificate in Preparing to Work in Adult Social Care (QCF) 601/6499/2 which focusses on the knowledge required by workers in the sector.

The BIIAB Level 3 Diploma in Health and Social Care (Adults) for England (QCF) is available for learners in England only; if you are based in Wales or Northern Ireland, you should undertake the BIIAB Level 3 Diploma in Health and Social Care (Adults) for Wales and Northern Ireland (QCF) 601/6878/X.

Is this qualification in an apprenticeship?

Yes. This qualification is part of the Advanced Level Apprenticeship in Health and Social Care (England). You may wish to do this qualification as part of the Apprenticeship, or on its own. You may wish to do the qualification on its own (i.e. outside of an Apprenticeship) if:

- you do **not** want to do the other main qualification that makes up the apprenticeship (the Level 3 Certificate in Preparing to Work in Adult Social Care)
- you do **not** have the time to do the other main qualification that makes up the apprenticeship, for example if you work part-time
- you do **not** feel the need to undertake Functional Skills
- you feel you will be unable to achieve the Functional Skills requirements but are able to, and still wish to, achieve a nationally recognised regulated qualification at this level
- you do **not** qualify to undertake a publicly funded Apprenticeship, for example if you are too old
- your employer wants you to just do the qualification and **not** undertake a full Apprenticeship
- you work as a volunteer

How long will this qualification take me?

The qualification requires 315 Guided Learning Hours (the number of hours where you will be given guidance, usually by a tutor, in order to achieve the outcomes) and approximately 580 hours in total (1 credit is roughly equivalent to 10 hours of learning time). Some people learn more quickly or are more experienced than others so it may take you more or less time than 580 hours to achieve this qualification.

What does this qualification cover?

The qualification comprises the following mandatory units:

- Promote communication in health, social care or children's and young people's settings
- Engage in personal development in health, social care or children's and young people's settings
- Promote equality and inclusion in health, social care or children's and young people's settings
- Principles for implementing duty of care in health, social care or children's and young people's settings
- Principles of safeguarding and protection in health and social care
- The role of the health and social care worker
- Promote person-centred approaches in health and social care
- Promote and implement health and safety in health and social care
- Promote good practice in handling information in health and social care settings

Optional units: Learners must choose optional units from a range of 122 units (please see the appendix for the full list). Your choice will depend on the role in which you work.

What could this qualification lead to?

This qualification shows you have gained the skills and competence to work in a Level 3 role in adult social care. It may help you to improve your performance at work or get promoted, for example to the role of Adults' Residential Manager.

Alternatively you may be ready to progress to a higher level, for example by undertaking the following qualifications:

- BIIAB Level 4 Diploma in Adult Care (QCF) 601/7304/X
- BIIAB Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England) (QCF) 601/6855/9

Who supports this qualification?

This qualification is supported by the following employers:

- Aberdeen Cyrenians
- Alcohol Support Ltd
- Starcare Ltd
- Hetton Home Care Services
- Sue Ryder

These letters of support are available upon request from qualifications@bii.org

Appendix

Optional units

1. Purpose and principles of Independent Advocacy
2. Understand mental well-being and mental health promotion
3. Understand mental health problems
4. Understand the process and experience of dementia
5. Understand the administration of medication to individuals with dementia using a person centred approach
6. Understand the role of communication and interactions with individuals who have dementia
7. Understand the diversity of individuals with dementia and the importance of inclusion
8. Understand theories of relationships and social networks
9. Introduction to personalisation in social care
10. The principles of Infection Prevention and Control
11. Causes and Spread of Infection
12. Cleaning, Decontamination and Waste Management
13. Understand the context of supporting individuals with learning disabilities
14. Principles of supporting an individual to maintain personal hygiene
15. Understand positive risk taking for individuals with disabilities
16. Principles of supporting individuals with a learning disability regarding sexuality and sexual health
17. Understand how to support individuals with autistic spectrum conditions
18. Principles of supporting young people with a disability to make the transition into adulthood
19. Principles of self-directed support
20. Understand Physical Disability
21. Understand the impact of Acquired Brain Injury on individuals
22. Understand Sensory Loss
23. Understand Models of Disability
24. Understand the Effects of Ageing in Activity Provision
25. Diabetes Awareness
26. Understand how to provide support when working in end of life care
27. Understand Advance Care Planning
28. Understand how to support individuals during the last days of life
29. End of life and dementia care
30. Understanding professional supervision practice
31. Understanding and Enabling Assisting and Moving Individuals
32. Stroke Awareness
33. Understand Stroke Care Management
34. Awareness of the Mental Capacity Act 2005
35. Understand the factors affecting older people
36. Providing Independent Advocacy support
37. Maintaining the Independent Advocacy relationship
38. Responding to the advocacy needs of different groups of people
39. Recognise indications of substance misuse and refer individuals to specialists
40. Support individuals who are substance users
41. Identify and act upon immediate risk of danger to substance misusers
42. Provide services to those affected by someone else's substance use
43. Increase awareness about drugs, alcohol or other substances with individuals and groups

44. Test for substance use
45. Carry out initial assessments to identify and prioritise the needs of substance misusers
46. Carry out comprehensive substance misuse assessment
47. Assist with the transfer of individuals, who misuse substances, between agencies and services
48. Support individuals through detoxification programmes
49. Develop and sustain effective working relationships with staff in other agencies
50. Administer medication to individuals, and monitor the effects
51. Supply and exchange injecting equipment for individuals
52. Understand and meet the nutritional requirements of individuals with dementia
53. Enable rights and choices of individuals with dementia whilst minimising risks
54. Understand and enable interaction and communication with individuals who have dementia
55. Equality, diversity and inclusion in dementia care practice
56. Provide support to manage pain and discomfort
57. Gain access to the homes of individuals, deal with emergencies and ensure security on departure
58. Undertake agreed pressure area care
59. Move and position individuals in accordance with their plan of care
60. Contribute to raising awareness of health issues
61. Provide support to continue recommended therapies
62. Provide support to maintain and develop skills for everyday life
63. Facilitate learning and development activities to meet individual needs and preferences
64. Support the development of community partnerships
65. Implement therapeutic group activities
66. Support individuals to develop and run support groups
67. Prepare to support individuals within a shared lives arrangement
68. Support individuals to access and use services and facilities
69. Provide support for individuals within a shared lives arrangement
70. Support individuals in their relationships
71. Facilitate person centred assessment, planning, implementation and review
72. Support individuals to live at home
73. Support individuals to manage their finances
74. Support individuals to access and manage direct payments
75. Support individuals to access housing and accommodation services
76. Support individuals to deal with personal relationship problems
77. Support Individuals With Specific Communication Needs
78. Support individuals during a period of change
79. Support individuals to prepare for and settle in to new home environments
80. Support individuals who are bereaved
81. Work in partnership with families to support individuals
82. Promote positive behaviour
83. Support use of medication in social care settings
84. Support individuals at the end of life
85. Prepare environments and resources for use during healthcare activities
86. Prepare for and carry out extended feeding techniques
87. Undertake tissue viability risk assessments
88. Undertake physiological measurements
89. Obtain venous blood samples
90. Undertake urethral catheterisation processes
91. Identify the physical health needs of individuals with mental health needs and plan appropriate actions

92. Support families in maintaining relationships in their wider social structures
93. Work with families, carers and individuals during times of crisis
94. Enable individuals with behavioural difficulties to develop strategies to change their behaviour
95. Help individuals address their substance use through an action plan
96. Interact with and support individuals using telecommunications
97. Implement the positive behavioural support model
98. Support positive risk taking for individuals
99. Support individuals to maintain personal hygiene
100. Support person-centred thinking and planning
101. Promote active support
102. Support individuals with a learning disability to access healthcare
103. Support young people with a disability to make the transition into adulthood
104. Support parents with disabilities
105. Support individuals with self-directed support
106. Work with other professionals and agencies to support individuals with physical disability
107. Support families who are affected by Acquired Brain Injury
108. Support families who have a child with a disability
109. Promote effective communication with individuals with sensory loss
110. Support individuals with multiple conditions and/or disabilities
111. Support individuals in the use of assistive technology
112. Support the assessment of individuals with sensory loss
113. Support the promotion of awareness of sensory loss
114. Support individuals to access education, training or employment
115. Enable individuals to negotiate environments
116. First aid essentials
117. Contribute to effective team working in health and social care or children and young people's settings
118. Support individuals with autistic spectrum conditions
119. Support individuals to stay safe from harm or abuse
120. Provide support to adults who have experienced harm or abuse
121. Supporting infection prevention and control in social care
122. Promote nutrition and hydration in early years and childcare settings